



Erasmus+ Contact Seminar Berlin 2024

Monday, October 28th, 2024

Conference on peace education, hope and intercultural competences

09:00 **Welcome** to the Contact Seminar and Workshops
Introduction of participants and specific interests

10:00 **Workshop: How stress-awareness supports constructive conflict management**
The world seems to be in a deepening crisis. Complex issues such as climate change, the war in Ukraine and the escalating violent conflict between Israel, Hamas and Hezbollah occupy and burden children, adolescents and adults. Even in the schools, questions about one's own attitude and position arise. Our stress levels increase. And suddenly, the constructive handling of day-to-day conflicts appears overwhelming. Almost half of children and adolescents in Germany state that they often or very often experience stress.

Stress is a complex process that drives us to action. High levels of stress over a long period of time can have serious consequences for our well-being. Stress affects the way we relate to ourselves and others, and our ability to communicate and deal with conflict.

Learn how regulating stress and working on your mental models can help you proactively manage conflict and communicate constructively in the classroom and beyond.
Facilitated by **Dagmar Nolden**, Berghof Foundation.

12:00 Lunch

13:00 **Workshop: Best practices of class and pupil exchange and job-shadowing**
In smaller groups share your best experiences of jobshadowing, pupil and class exchange.

Berghof Foundation was established in 1971 during the Cold War with a mission to create space for conflict transformation through partnerships, inclusivity and multi-level involvement.



Dagmar Nolden works as Senior Project Manager for the Peace Education Department of Berghof Foundation and as freelance systemic counsellor. She is trained in trauma pedagogy and interested in how mental models and nervous system influence our human interactions. Learn more at <https://berghof-foundation.org/about/people/dagmar-nolden>

- 13:45 **Concrete examples of intercultural exchanges**
By Danish, French and Portuguese schools.
- 14:00 Break
- 14.30 **Workshop: Co-creation of a topic catalogue for your teaching back home**
Together we create short descriptions and outlines for learning processes that you can take home as 'plug'n play' inspiration for your work with your students.
- 15.30 Wrap up and tomorrow's program
- 16:00 **Exhibition 'Summation: Each for themselves and yet together'**
The exhibition shows the works by ten leading Nordic artists who address the interplay between individuality and community. It invites viewers to reflect upon their own place in the world and to activate their potential as creative innovators of our common future.
- End of today's program

Tuesday, October 29th, 2024

Contact seminar - find your future Erasmus+ partners

- 09:00 **Official welcome by Danish Ambassador Thomas Østrup Møller**
- 09.30 **Floods, droughts, heatwaves - conversations with hope**
Crises line up when it comes to climate talk. But if we only focus on what isn't working, we leave people feeling depressed, apathetic, and scared. Especially children and young people find the climate crisis both frightening and one of the most important issues of our time.
- Through a lecture and a subsequent workshop, author and specialist in constructive and engaging climate debate, **Gerd Maria May**, will demonstrate how to create a collective conversation that equips participants with knowledge and instills hope and action. Through a series of concrete examples, she will show how she systematically equips children and young people with knowledge in a way that enables them to act on the problems rather than becoming paralyzed and fearful.
- Gerd Maria May, founder of Rooms of solutions (DK)*
- 10.30 Break

Collective conversations



'Room of Solutions' is a debate-form to discuss possible solutions to relevant problems. The structure of the debate focuses on involving and engaging all participants in a constructive discussion.

Gerd Maria May is founder of Rooms of Solutions, and works as a strategic consultant, speaker, journalist and moderator focusing on engaging and constructive journalism and debates on climate.

Learn more about Gerd Maria May at roomofsolutions.com.

11:00 **Workshop: How to create a collective conversation with children and young people**

Learn how to create a collective conversation that equips participants with knowledge and instills hope and action. Facilitated by Gerd Maria May.

12:00 Lunch

13:00 **Workshop: eTwinning**

Get acquainted with the platform for teachers and pupils across Europe and share your best practices of online cooperation.

Ritt Sølbæk Kristensen, International coordinator at NSO eTwinning Denmark and Head of department at Agency of Education and Quality, The Danish Ministry of Education.

13:45 Break

14:15 **Thinking big:
Working cross-border with your co-creation catalogue ideas**

Revisiting the templates from Monday, how can you work cross-border with them? The end goal is to commit to one or two of the ideas to be implemented back home and share digitally among the pupils.

15:00 Break

15:20 **Workshop: Last chance of finding your future Erasmus+ partner**

In smaller groups share your best experiences of jobshadowing, student exchange or online cooperation and open up for new possibilities and partners.

15:45 End of today's programme and what's on tomorrow

16:00 Hand out of seminar certificates and end of seminar



The eTwinning Platform

eTwinning provides a safe platform for engaging with teachers and pupils across Europe.



Partner up!

All workshops offer room to connect with potential Erasmus+ partners. The workshops revolve around topics of the day and personal experiences.

Wednesday, October 30th, 2024

Working with history and culture and intercultural competencies

09:00 **Using the Arts to discuss difficult topics in the classroom (workshop)**

This walk 'n talk along the East Side Gallery will give new perspectives on how to incorporate art in your own teaching. The 1,3 km long open air gallery shows 118 artists from 21 countries comments on the political changes in 1989-90.

Contact during seminar



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Practical information

October 28th-30th 2024

At: The Common house of the Nordic embassies, Rauchstrasse 1, Berlin

Participants: Danish independent schools and international participants from Portugal, France, Italy, Ukraine, Romania, Lithuania, Hungary, Poland, Spain and Germany.

Meals: All meals mentioned in the program are free. Any allergies or restraints concerning meals, please contact us prior to the event.

The conference and contact seminar is held in cooperation with the Royal Danish Embassy Berlin.



11:30 Lunch

12:00 **The use of historical/cultural/political events in your teaching (workshop)**

In smaller groups you will discuss and elaborate on how to incorporate historical/cultural or political events in your peace education and teaching back home based on what you see during a tour on the river Spree.

15:00 Time to head home

Programme may be subject to change.

